



Dear Mulligan Course Participant,  
The **Mulligan Concept Teacher Association (MCTA)** is pleased to announce the Certified Mulligan Practitioner (**CMP**) Program Exam dates / locations for 2009. Please see the [www.bmulligan.com](http://www.bmulligan.com) for additional information about the CMP Program and [www.neseminars.com](http://www.neseminars.com) for information about additional Mulligan Course dates.

### **Advanced (follow up) Course & Exam Combination Weekend 2009**

**Knoxville, Tennessee**  
**Advanced (follow up) Course** April 17-18, 2009  
**CMP Exam** April 19th, 2009  
**Contact:** Frank Gargano  
7051 Navajo Trail  
Solon, OH 44139  
E-mail: [garganof@sbcglobal.net](mailto:garganof@sbcglobal.net)

### **Autumn 2009 Examination Only Weekends**

**San Marcos, California** (San Diego County)  
**CMP Exam** December 4-5, 2009  
**Contact:** Brian Folk, PT, MCTA, FAAOMPT  
6714 Antelope St.  
Carlsbad, Ca., USA 92009  
**F:** 760-438-7987  
**C:** 760-518-0249  
**E-mail:** [bfolk@roadrunner.com](mailto:bfolk@roadrunner.com)

**Hamden, CT**  
**CMP Exam** December 11-12, 2009  
**Contact:** Pat Black  
7 Stone Street  
Branford, CT 06405  
E-mail: [patvblack@sbcglobal.net](mailto:patvblack@sbcglobal.net)

The MCTA has recognized the need to identify physical therapists that are competent in both a didactic knowledge base and clinical/practical expertise in the Mulligan Concept. Organizational restructuring has allowed us to reduce the cost of the examination to qualified clinicians. In brief, the CMP testing has both a didactic and manual skills examination. Upon successful completion of the examination process these clinicians will be recognized as Certified Mulligan Practitioners – **CMP**. The purposes of recognizing such clinicians are two fold:

1. As a referral source for clinicians and the general public seeking treatment from clinicians who achieved a recognized level of competence in the Mulligan Concept. Clinicians who qualify as a Certified Mulligan Practitioner (CMP) will be eligible to have their names listed on the Mulligan Web site ([www.bmulligan.com](http://www.bmulligan.com)).
2. The MCTA and CMP credentialing process can assist clinicians who are interested in having their knowledge base and skill competence in the Mulligan Concept evaluated by providing a peer review/examination process. It is hoped that such individuals with CMP credentials will have improved treatment outcomes.

Individuals who pass the CMP qualifying exam are NOT entitled to, nor are they recognized by the MCTA to teach the Mulligan Concept. Those eligible to apply for the CMP exam include: Physical Therapists, Medical Doctors, Osteopaths, and Chiropractors (note: ATC, OT, PTA, and COTA are **not** eligible). To be admitted to the CMP examination, applicants must have completed either of the following course sequences.

**4 Courses: US curriculum 2000 – current:**

1. MOBILIZATIONS WITH MOVEMENT, NAGS, SNAGS & MORE: **INTRO COURSE\***
2. MOBILIZATIONS WITH MOVEMENT, NAGS, SNAGS & MORE: **UPPER QUADRANT**
3. MOBILIZATIONS WITH MOVEMENT, NAGS, SNAGS & MORE: **LOWER QUADRANT**
4. MOBILIZATIONS WITH MOVEMENT, NAGS, SNAGS & MORE: **ADVANCED (FOLLOW UP)**

\* The Introductory course is recommended but not required. Those whom have completed the UQ, LQ, and Advanced (Follow Up) courses are eligible to apply for the exam.

**2 Courses: Past US curriculum under Brian Mulligan or other MCTA instructors prior to 2000:**

1. MOBILIZATIONS WITH MOVEMENT, NAGS, SNAGS & MORE: **INTRO COURSE**
2. MOBILIZATIONS WITH MOVEMENT, NAGS, SNAGS & MORE: **FOLLOW UP COURSE**

Clinical Experience with Mulligan Concept is highly recommended. It is the expectation of the MCTA that individuals who have taken the recommended course work and have clinical experience with the Mulligan Concept should to be successful with the exam process. Clinicians who have taken only the Introductory course and Follow-up and who have not used Brian Mulligan's 5<sup>th</sup> edition text as a clinical resource and guide for developing further understanding and skill in the Mulligan Concept may find the CMP credentialing exam challenging.

**Cases for Petition:** Applicants may petition for exemption from the basic course requirements. The NA-MCTA recognizes that recent changes in the structure of courses offered in the Mulligan Concept may preclude some individuals from meeting the current recommended course sequence & requirements for certification (see CMP requirements). In addition the MCTA recognizes that some clinicians with advanced or postgraduate training in manual therapy may be competent in the Mulligan Concept and may petition to sit for the CMP examination. This includes clinicians who may have taken Mulligan Concept course work outside of the USA. It is required that individuals who elect to obtain requirement exceptions explain in writing at the time of application to the CMP examination. Petitions should be submitted with the CMP application 8 weeks prior to the examination date. Applicants will be notified if their petition is accepted within 2 weeks of receiving the petition. Should a petition be rejected the applicant will have their application fee returned.

**Participant Comments about the CMP certification program:** "...It was a wonderful experience for me. Studying for it really made me sharpen my skills and master the techniques that I use less frequently....My patients have been very excited by the entire process and their treatment has definitely benefited from it....Thank you again for your encouragement and support....."

**Additional Information:** Please refer to the [www.bmulligan.com](http://www.bmulligan.com) website for access to the latest information on exam dates as well as for application forms and additional information. See also [www.neseminars.com](http://www.neseminars.com) for additional Mulligan course offerings.

**See also the attached application form with specific contact information for the exam location.**



## Certified Mulligan Practitioner Examination Application

Name: \_\_\_\_\_

Professional credentials:  Physical Therapist  MD  Osteopath  Chiropractor  
License number: \_\_\_\_\_ (ATC, OT, PTA, and COTA are not eligible)

Mailing Address

Street \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Country \_\_\_\_\_ Zip \_\_\_\_\_

Phone Number (H) \_\_\_\_\_ Phone Number (W) \_\_\_\_\_

Email Address \_\_\_\_\_

Fax Number \_\_\_\_\_

Work Address (optional)

Street \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Country \_\_\_\_\_ Zip \_\_\_\_\_

### **Requirements:**

In order to sit for the Mulligan Concept Practitioner Examination it is required that you have attended at least the *Upper Quadrant*, *Lower Quadrant* and *Advanced (Follow-up)* course (exceptions see petitions [www.bmulligan.com](http://www.bmulligan.com)). Please list the primary instructor's name, course location (city and state), sponsor and date. Petitions for exemption to the above requirements must be submitted with this application with a written explanation.

### **Introductory course (recommended – not required):**

Instructor's Name \_\_\_\_\_

Course Location \_\_\_\_\_

Sponsor & Date: \_\_\_\_\_

### **Upper Quadrant Course**

Instructor's Name \_\_\_\_\_

Course Location \_\_\_\_\_

Sponsor & Date \_\_\_\_\_

### **Lower Quadrant Course**

Instructor's Name \_\_\_\_\_

Course Location \_\_\_\_\_

Sponsor & Date \_\_\_\_\_

### **Advanced (Follow-up) Course**

Instructor's Name \_\_\_\_\_

Course Location \_\_\_\_\_

Sponsor & Date \_\_\_\_\_

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### Examination and/ or Advanced (Follow Up) Course you wish to attend:

**Date** \_\_\_\_\_

**Exam**    Tennessee    California    Connecticut

**Advanced (Folllow Up):**    Knoxville, Tennessee

		<u>Amount</u>
<b>Advanced (Follow Up) Course:</b>	<b>\$400 US</b>	_____
<b>Certification Exam:</b>	<b>\$400 US</b>	_____
<b>Certification Exam if taken with Advanced (Follow Up):</b>	<b>\$350 US</b>	_____

Total amount enclosed \_\_\_\_\_

**Payment must be by check: Make check payable to NAMCTA (North American Mulligan Concept Teachers Association). Send your application and check to the contact listed next to the exam you wish to attend.**

**Upon approval of your application you will receive a packet of information relative to travel, lodging, and exam information.**

*Note: Participants that pass the Certified Mulligan Practitioner Exam are acknowledged for their understanding of the techniques of the concept. This certification does not, however, qualify the participant to teach the Mulligan Concept.*